## **Instructor Training 3**

## **Swapping Persons Afloat**

Especially needed during instructor training when everyone needs to practice sailing and Patrol Boat handling. This is the safest, easiest way for them to swap over, whilst on the water.



Once everyone is sailing the course happily, and it's time to start swapping, pick a sailor that is away from the other sailors, buoys and congestion points. The patrol boat then goes over to a sailing Opti, keeping their distance, and instruct the sailor, "We are coming over to swap over, please hold your course, and let go of your Mainsheet".



Patrol Boat waits for the Opti to slow, with sail flapping, and comes alongside the Opti on the **WINDWARD** side. The boat handler keeps the boat going slow, with just enough speed to keep the Opti in this position (with the sail well out of the way).

The crew (person at the front of the Patrol Boat) grabs hold of the side of the Opti at the front, the Opti handle is perfect for this purpose.

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The sailor grabs the Patrol Boat and climbs into it, then turns around, and immediately holds the Opti moving to bow of Patrol Boat.



Now crew can now let go , move around behind the sailor and gets into the Opti. Patrol boat waits for the sailor to get settled, pull in the mainsheet, and start sailing away, before moving off.

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