

WW Instructors Dry Personal Refresher Checklist

This checklist must be completed following the winter break alongside the Wet Refresher. This checklist can also be used prior to the start of term 1 for those instructors who were active during term 4 the previous year (no need to do Wet Refresher)

This consists of the **Personal Questionnaire**, which could be done at home in your own time, (see below).
And ON WATER PRACTICE WITH YOUR OR ANOTHER SCHOOL'S CHIEF INSTRUCTOR
List of on water activities attached.

Each school's chief instructor to keep note of all their instructors refreshers, and mark in the Logbook

Personal Questionnaire

CONDITIONS/RATIOS

It is important that you know and are comfortable with the weather conditions today.

Where can you check? _____

What is maximum wind speed WW can operate in? _____

What is the WW Instructor to pupil Ratio on the water? _____

PATROL BOATS

Get out of garage, check safety features are present and correct. **B L A C C K K P P B O B**

- | | | |
|-----------|-----------|-----------|
| 1. _____ | 2. _____ | 3. _____ |
| 4. _____ | 5. _____ | 6. _____ |
| 7. _____ | 8. _____ | 9. _____ |
| 10. _____ | 11. _____ | 12. _____ |

MOTOR

Practice lowering, lifting, and first shallow water positions, standing on the ground, and in the boat.

If your motor stops, immediately check the fuel line, fuel, and kill cord. All ok? and still won't start NOW what do you do? _____

When you first start the motor to go afloat, should you be standing in the water or in the boat? _____

RIGGING AN OPTIMIST

Head to wind. Know the safety features.

- | | | | |
|---------|---------|---------|---------|
| 1 _____ | 2 _____ | 3 _____ | 4 _____ |
| 5 _____ | 6 _____ | 7 _____ | 8 _____ |

Now:-

1. Correctly rig an opti.
2. Practice how to demonstrate going about and gybing on the turntable.
3. Launching Opti
Should the bow or stern go into the waves first? _____
How should you hold an opti when it is in the water? _____
What side do you hold the opti in shallow water, so the child can get in/out, windward or leeward? _____
4. When doing painter work, is the opti upwind, or down wind of you? _____
5. Have you done a capsized recently? _____

SAFETY FIRST

Where is the Defibrillator, and what is the code.? _____

Where is the fire extinguisher? _____

Do you know how to use it? _____

In the unlikely event of an imminent Tsunami, where would you take the children quickly? _____

And, don't forget to re-read your manual or use Lego Briefs to help you refresh.

If in doubt don't go out!!!