

Is it warm enough to swim?

No

Dry lesson (Chart reading etc.
See Member Resources)

Yes

What is the safe swim rating for today?

Red

Depending on the wind some activities can be conducted with children on a red day, but they cannot get any part of their body wet

Black

On a black day, children do not go beyond the white line. Dry land activities, PB safety features

Green

What is the wind speed?

0 knots

No wind now or predicted later
Kayaking, start with controlled capsizes, rafting up, relay races. Opti controlled capsizes.
Stay Safe (SS) flat water exercise

0-4 knots

No wind now but might pick up later
Turntable recap first, still no wind, another kayak exercise, check lego briefs, SS exercises, sailing if the wind comes

5-10 knots

11-15 knots

15+ knots

Let the children see what not okay to go out on the water looks like and talk about it.
Boogie board rescue, SS rescue, parents and instructors must be in the water.

What is the wind direction and tide?

What is the wind direction and tide?

Tide in, offshore

Good conditions, no waves, very light wind

Tide in, on shore

Good conditions, small waves

Tide out, offshore

Small waves, light wind

Tide out, onshore

Small Waves

All provide perfect conditions for sailing, beginner, turntable recap, introduction to gybing

Tide in, offshore

Waves breaking on beach, size will depend on how long the wind has been blowing this way. If in doubt, don't go out - no kayaking or painter sailing. SS huddle, boogie board rescue etc.

Tide in, on shore

Flat shallow water, strong offshore. Sailing possible, reduce ratios and keep PB in shallow water positions. Gust and drifting offshore is a danger. Clear instructions before going afloat. No kayaking. If in doubt, don't go out - SS huddle and PB exercise.

Tide out, offshore

Tide out, on shore

Shallow water, waves, motor or centre board can hit bottom in troughs. Boogie boarding/ rescue. SS exercise in waves. No kayaking, not safe for PB or sailing.

Possible kayak in wind shadow only, great care to keep children inside the area. Mark with buoys PBs. Painter sailing?